

NATIONAL STEPS CHALLENGE™ PUBLIC SERVICE CORPORATE CHALLENGE

Rules and Regulations

1) National Steps Challenge™ Corporate Challenge

- 1.1 The Corporate Challenge is a feature of National Steps Challenge™ where employees will be participating as an Organisation (or agency) to challenge themselves to be more physically active every day, anytime and anywhere.
- 1.2 The refreshed Corporate Challenge has commenced from 1 May 2022 and agencies can register with HPB all year round, and earn rewards monthly from the Health Promotion Board (HPB) as an organisation by collectively achieving a weekly average of at least 150 minutes of Moderate to Vigorous Physical Activity (MVPA) each month (terms & conditions apply).
- 1.3 For agencies who have not registered for the Corporate Challenge, the agency's Point of Contact (POC) would be required to complete the form via <https://go.gov.sg/corporatechallengecc> to participate in the Challenge. An entry code specific to the agency will be sent to the appointed POC, to be disseminated to employees to participate in the Challenge. If your agency chooses to have intra-teams, your agency will receive multiple unique entry codes, each representing a team in your agency.

2) Public Service Corporate Challenge

- 2.1 Corporate Challenge for the Public Service, organised by Civil Service Club (CSC), will be held from **1 January 2024 to 28 April 2024** and will contribute event points for the Championship STAR Games 2024.
- 2.2 This Challenge is open to all civil servants and officers serving in Statutory Boards, Restructured Hospitals and Government-Aided Schools.
- 2.3 Participants from public agencies can use their own compatible fitness tracker¹, or choose to collect a new heart rate monitoring fitness tracker issued by HPB ("HPB fitness tracker") that can track both steps and heart rate, if they meet all the following fitness tracker eligibility criteria.

(a) Singaporean or Permanent Resident of Singapore with a valid NRIC, or a foreigner residing in Singapore with a valid FIN who is a participant of the Corporate Challenge;

¹ Compatible fitness tracking devices and mobile apps: Actxa® mobile app, Apple Health mobile app, Fitbit mobile app with any Fitbit tracker, Garmin Connect™ mobile app, HUAWEI Health mobile app, Polar Flow mobile app, Samsung Health mobile app. If you are using one of the above compatible fitness tracking devices or fitness mobile apps, your device needs to be able to track heart rate in order to contribute towards the Moderate to Vigorous Physical Activity (MVPA) category.

(b) 17 years or older (based on birth year) at the point of registration and eligible persons who are below 18 years of age and have obtained the necessary parental consent to register for the National Steps Challenge™;

(c) Is participating in the National Steps Challenge™ at the point of collection of the HPB fitness tracker;

(d) Did not collect the following HPB fitness tracker models; Axtro Fit 3 or Tempo 4C. Exceptions apply.

2.4 Eligible participants will be informed via Healthy 365 app push notification when they can collect a new HPB fitness tracker. Alternatively, participants can check their eligibility by tapping “Booking Appointment” > “Collect a HPB fitness tracker” on the Healthy 365 app.

3) Minimum Participation Criteria

3.1 Corporate Challenge for the Public Service requires at least eight participating public service agencies to qualify as a Championship STAR Game.

3.2 Participation of Organisations is defined as follows:

Organisations with workforce size < 200	Organisations with workforce size ≥ 200
At least 25 participants	250 participants or 15% of the workforce size, whichever is lower.

4) Event Points for Corporate Challenge for the Public Service

4.1 The Corporate Challenge (Public Service) will consist of multiple monthly events where public service agencies are ranked each month from 1 January 2024 to 28 April 2024 based on the highest overall daily average MVPA duration by their participants. The ranking shall be done as follows:

- a) Ranking of public service agencies for the month of January 2024
- b) Ranking of public service agencies for the month of February 2024
- c) Ranking of public service agencies for the month of March 2024
- d) Ranking of public service agencies for the month of April 2024

4.2 The 1st, 2nd, 3rd and 4th placing agencies in each of the monthly event, shall be awarded 8, 6, 4 and 2 Event points respectively.

4.3 The Event points won by the agencies over the four months, shall then be added to determine the top four public service agencies for award of STAR Games championship points and prizes by CSC.

5) Award of STAR Game Championship Points and Prizes

- 5.1 The ranking of the public service agencies in Divisions I and II shall be determined by the summation of Event points across all the Corporate Challenge events to be held in the month of January, February, March and April 2024.
- 5.2 Based on the highest event points, the 1st, 2nd, 3rd and 4th placing agencies shall be awarded the following STAR Games Championship points:

Placing	No. of Championship Points
Champion	8
Second Placing	6
Third Placing	4
Fourth Placing	2
Points for participation	1

6) Award of Prizes and Trophies

- 6.1 Prizes and trophies shall be awarded by CSC to the top four public service agencies in the Corporate Challenge for the Public Service.

7) Other Matters

- 7.1 All participants registering for the Corporate Challenge via the Healthy 365 app would be required to consent to the terms and conditions of the Corporate Challenge [here](#). By joining this Public Service Corporate Challenge, participants consent Civil Service Club on the collection, use or disclosure of your personal data taken as necessary for any promotion/marketing efforts, administering and assessing this Challenge in accordance with the Personal Data Protection Act.
- 7.2 The Civil Service Club reserves the right to amend or change the rules and regulations of the event.
- 7.3 The Health Promotion Board, Civil Service Club, its Management, Organising Committee Members and appointed officials will not be liable for any injury or death whatsoever caused to any player or official and/or loss of personal property during his or her participation or as a result of his or her participation in any of the events organised by Civil Service Club under Corporate Challenge for the Public Service.
- 7.4 All enquiries or disputes concerning the event shall be handled by HPB. Please email corporatechallenge@hpb.gov.sg